# When fighting poverty, you don't need much money . . . to make change.

Volunteers In Service To America—VISTA—proves that every day. By translating their idealism, their energy and their expertise into much-needed neighborhood improvements, VISTA volunteers help make America a better home to the residents of Harlem's tenements, the hollows of West Virginia, and the barrios of California. And by supporting local efforts in these communities, VISTA fulfills its primary mission: To help the poor help themselves.

Today, over 4,000 VISTA volunteers work throughout the United States, Puerto Rico, the Virgin Islands, Guam and American Samoa. Hard-working, dedicated individuals who have joined forces with the residents of poor neighborhoods . . . to mobilize resources, build confidence, and develop local leadership. Encouraging the kinds of change that will continue to serve the poor, long after the volunteers complete their year of service.

At VISTA, we've learned that poverty loosens its grip on a neighborhood only after the poor develop their own capacity to initiate change . . . and to implement it. Only after they can seize opportunities in areas like education and health. Economic development, energy and housing. Legal rights and community services—those areas that most concern their community.

Which is why change . . . is the one thing America can count on from VISTA. And it does.

# VISTA accomplishments might be just around the corner.

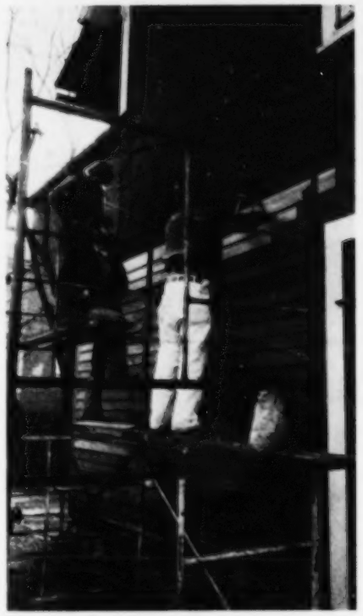
Right in your neighborhood. Or the one next to it. What makes us so sure? Well, for fifteen years, VISTA volunteers have worked on thousands of projects across the country. More than 70,000 Americans have given a year or more of their lives to help their neighbors improve the quality of their lives.

VISTA volunteers have worked with Native American tribal councils, grassroots advocates, Black and Hispanic community organizations, and low-income citizens' groups.

They've worked with malnourished children and battered women. With the old, the disabled, and the uneducated.

VISTAs have been involved in projects like setting up a health outreach program in Texas. Assisting a handicrafts co-op in Appalachia. Helping a tenants' group insulate their apartments in New England. Or establishing a day care center in the Midwest.

These are efforts that combine the talents and commitment of volunteers, public and private resources available to the poor, and the energies of the community itself. To identify needs, seek solutions and create improvements.



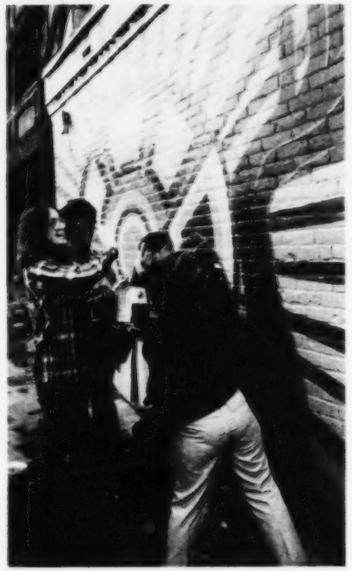
And with this many projects to VISTA's credit, the odds are we've touched the lives of people you know. Maybe even yours.

copy for 55

# VISTA, making a good place better.

If you, or someone you know, would like to join our effort, follow the instructions on the back of this flyer, and get in touch. To be a VISTA volunteer, you must be a U.S. citizen or resident at least 18 years old (although most VISTAs are over 20). There's no upper age limit. In fact, many of our volunteers are over 55.

And you don't need a college degree. We'll train you in any skills you may need to meet your assignment.



As a volunteer, you'll get a monthly stipend to cover your food, housing, utilities and incidentals. At the end of your assignment, you get $75 for every month you served.

But, the greatest rewards you get are personal: A genuine sense of involvement. The challenges of creativity and resourcefulness. The valuable lessons of teamwork. The growth that comes with surmounting frustrations. And the joys of making a difference . . . where it counts.

If that's for you . . . so is VISTA. Call or write today.

There is no discrimination because of race, color, national origin, age, political beliefs, sex or religion. All VISTA services are administered on a non-discriminatory basis. Anyone who feels he/she has been discriminated against may write to the Assistant Director for Equal Opportunity, ACTION, Washington, D.C. 20525.